

## **POEM ON CHILDREN - BEFORE 94 YEARS**

Your children are not your children.  
They are the sons and daughters of Life's longing for itself.  
They come through you but not from you,  
And though they are with you, yet they belong not to you.

You may give them your love but not your thoughts.  
For they have their own thoughts.  
You may house their bodies but not their souls,  
For their souls dwell in the house of tomorrow,  
which you cannot visit, not even in your dreams.  
You may strive to be like them, but seek not to make them like you.  
For life goes not backward nor tarries with yesterday.

You are the bows from which your children as living arrows are sent forth.  
The archer sees the mark upon the path of the infinite,  
and He bends you with His might that His arrows may go swift and far.  
Let your bending in the archer's hand be for gladness;  
For even as He loves the arrow that flies,  
so He loves also the bow that is stable.

By

Kahlil Gibran

## **FIVE LIFE SKILLS TO TEACH YOUR CHILD**

- ✓ **TIME MANAGEMENT.**
- ✓ **MONEY MANAGEMENT.**
- ✓ **DECISION-MAKING.**
- ✓ **COMMUNICATION.**
- ✓ **ANGER MANAGEMENT.**

## **DO'S IN PARENTING**

- ✓ **TREAT THE CHILD WITH RESPECT & DIGNITY.**
- ✓ **COMMUNICATE POLITELY BUT CONFIDENTLY.**
- ✓ **SPEND A QUALITY TIME.**
- ✓ **INCLUDE THEM IN DECISION MAKING.**
- ✓ **GIVE RESPONSIBILITIES & ENCOURAGE.**
- ✓ **BE A ROLE MODEL.**
- ✓ **CREATE AWARENESS ABOUT THE SURROUNDINGS.**
- ✓ **TEACH THEM THE NEEDS AND WANTS.**
- ✓ **BE FRIENDLY TO APPROACH.**
- ✓ **LEARN FROM THEM.**

## **DONT'S IN PARENTING.**

- **DON'T QUARREL BEFORE THEM.**
- **EVER NEVER COMPARE.**
- **DON'T SHOUT.**
- **DON'T PAMPER.**
- **DON'T CRITICISE / DEMOTIVATE THEM.**
- **DON'T STOP THEM WHILE QUESTIONING.**
- **DON'T FORGET TO GIVE VITAMIN N.**
- **AVOID JUNK & FAST FOODS.**